

BISHOP BENZIGER COLLEGE OF NURSING

(Affiliated to Kerala University of Health Sciences & Accredited by NAAC, Member of United Nations Academic Impact Program and Approved Research Centre of Kerala University of Health Sciences)



ACADEMIC CALENDAR 2023-2024

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“Show me thy ways, O Lord; teach me thy paths. Lead me in thy truth, and teach me.”

BISHOP BENZIGER COLLEGE OF NURSING

Introduction

Bishop Benziger college of nursing came into existence in the year 2004 and the institution seeks to make qualitative contribution to health care through training personnel who are dedicated to the healing ministry. The college is managed by the Diocese of Quilon for development of Latin Catholics. The Motto of the institution is “TO LOVE IS TO SERVE”. The college is situated in the heart of Quilon city and offers training in B.Sc. and M.Sc. nursing courses. The college is approved and recognized by KNC, INC and Kerala University of Health Sciences. It is also a member of United Nations Academic Impact (UNAI). Bishop Benziger hospital, our parent hospital established in the year 1948, is a 600 bedded multi and super specialty hospital which also runs a school of nursing since 1971 with an intake of 50 students.

Philosophy

Health Care Philosophy of Bishop Benziger College of Nursing is basically founded on the Christian Doctrine of “To Love is to Serve” - our inspiration is Christ, the Healer who sent his apostles out to continue the ministry. The management is fully geared to implement this philosophy of caring in the field of health care. We the management and the staff do not discriminate any students who approach us for service on the basis of race, caste and status. Any student who is in the need of health care is our guest of honor and is welcome. The healthcare and uplift of the population of Kollam District and surrounding places is the mission we have taken upon ourselves through our health care system. It was primarily with this aim in mind that the hospital as well as the college was founded by the management.

Vision

The vision is to make qualitative contribution to health care through educational

preparation based on sound educational principles and Christian values to personnel who are dedicated to healing ministry.

Mission

- Prepare young nursing professionals competent to deliver comprehensive holistic health care with special emphasis on Community health services to meet the health needs of medically underprivileged areas of our community.
- Health care and upliftment of the population of Kollam district and surrounding area is the mission, the management has taken up through quality educational preparation of Student nurses
- The institution expects its students to uphold the ethical values be loyal to the higher ideas of the health profession
- Foster team work and cooperative effort in the institution
- Nurse being ministers at the altar of human life, should uphold respect for life from the moment of conception to its natural end.
- Cultivating a genuine feeling of compassion for the patients and their dear ones, and to excel in the field of health education.
- College undertake efforts to conduct research activities, execute social services and motivate community development programs
- Promoting and motivating students to cultivate leadership qualities.

Goals

- To provide students centered quality education to equip them with application of relevant knowledge from humanities, biological and behavioral science in carrying out health care.
- To make a qualitative contribution to health care through training of personnel who are dedicated to healing ministry.
- To prepare nurse as a minister at altar of human life, with upholding respect for human life from the moment of conception to the natural end.
- To promote team spirit to deliver comprehensive holistic health care.

Quality Policy

We are committed to providing value based and skill oriented holistic health care education for developing world class nurse leaders with professionalism and social responsibility.

Quality Motto

Quality Education: The Key to Standard Nursing Care

Core Values

- Love of God and Respect for Human Life
- Personality Development and Character Formation
- Social Commitment and Community Involvement
- Service with Professionalism
- Pursuit for Excellence and Innovation
- Collaboration and Networking
- National and Global Development

CONTACT LINKS

www.bbcon.org

www.bishopbenzigerhospital.com

www.kuhs.ac.in

www.lbscentre.in

www.amsfnck.com www.inc.com www.knmc.org

CALENDAR OF EVENTS FOR FIRST YEAR BSc. NURSING

(I SEM) 2022-2026 Batch

MONTH	WEEKS	DATE	EVENTS
December	1	30/11/22 - 06/12/22	General & Subject Orientation
December	2 - 4	07/12/22 - 24/12/22	Theory Block
December	5	26/12/22 - 31/12/22	Christmas Holidays
January	6	02/01/23 – 07/01/23	Theory Block
January	7	09/01/23 - 14/01/23	First Sessional Exam
January	8 - 9	16/01/23 - 28/01/23	Theory Block
February	10 - 11	30/01/23 - 11/02/23	Pre -Clinical Posting
February & March	12 - 15	13/02/23 - 11/03/23	Clinical Posting
March	16 - 17	13/03/23-25/03/23	Theory Block
March	18	27/03/23-01/04/23	Second Sessional Examination
April	19	03/04/23-08/04/23	Easter Holiday
April	20 - 22	10/04/23 - 29/04/23	Theory Block
May	23	01/05/23-06/05/23	Model Exam
May	24	08/05/23 - 13/05/23	Preparatory Holiday
May	25	15/05/23 – 20/05/23	University Examination
May	26	22/05/23 – 27/05/23	Vacation

CALENDAR OF EVENTS FOR FIRST YEAR BSc. NURSING

(II SEM) 2021-2025 Batch

2022-2026 Batch

MONTH	WEEKS	DATE	EVENTS
May & June	1 - 4	08/05/23 - 27/05/23 & 19/06/23 - 24/06/23	Theory Block
June	5	26/06/23 - 01/07/23	First Sessional Exam
July	6 & 7	03/07/23 - 15/07/23	Skill Lab
July & August	8 - 13	27/07/23 – 26/08/23	Clinical Posting
August	14	28/08/23 - 02/09/23	Onam Holidays
September	15	04/09/23 - 09/09/23	Clinical Posting
September	16	11/09/23 - 16/09/23	Skill Lab
September	17	18/09/23 - 23/09/23	Health Informatics Practical
September	18	25/09/23 - 30/09/23	Theory Block
October	19	02/10/23 - 07/10/23	Second Sessional Examination
October	20 - 21	09/10/23 - 21/10/23	Theory Block
October	22	23/10/23 - 28/10/23	Revision
November	23	30/10/23 - 04/11/23	Model Exam
November	24	06/11/23 - 11/11/23	Preparatory Holiday
November	25 & 26	13/11/23 - 25/11/23	University Examination

CALENDAR OF EVENTS FOR FIRST YEAR BSc. NURSING

(II SEM) 2021-2025 Batch

MONTH	DATE	EVENTS
September	12/09/22-08/10/22	Theory Block
October	10/10/22-15/10/22	First Sessional Examination
October	17/10/22-29/10/22	Pre-Clinical Lab
November	31/10/22-19/11/22	Clinical Posting
November	21/11/22-26/11/22	Theory Block
November	28/11/22-03/12/22	Second Sessional Examination
December	05/12/22-17/12/22	Clinical Posting
December	19/12/22-24/12/22	Practical Health Informatics
December	26/12/22-31/12/22	Christmas holidays
January	02/01/23-07/01/23	Pre-clinical lab
January	09/01/23-21/01/23	Clinical Posting
January	23/01/23-28/01/23	Theory Block
January	31/01/23-04/02/23	Model Exam+ Revision
February	06/02/23-11/02/23	Preparatory Holiday
February	13/02/23-25/02/23	University Examination
February	27/02/23-11/03/23	Vacation

CALENDAR OF EVENTS FOR THIRD SEMESTER BSc. NURSING

(IIISEM) 2021-2025 Batch

MONTH	DATE	ACTIVITIES	FACULTY INCHARGE
MARCH	06.03.23-10.03.23	Orientation of Third Sem Theory Block	Mrs Anulekshmi Sr Medona
	13.03.23-01.04.23	Theory Block	All subject
APRIL	03.04.23-05.04.23	Sessional Exam	
	06.04.23-08.04.23	Easter Holidays	
	10.04.23-15.04.23	Skill Lab	Mrs Anulekshmi Mrs Reshma Mrs Rakhi Mrs Shinto Ms Lakshmi
	17.04.23-29.04.23	Adult Health Nursing Clinical Posting	Mrs Anulekshmi Mrs Reshma Mrs Rakhi Mrs Shinto Ms Lakshmi
MAY	01.05.23-13.05.23	Adult Health Nursing Clinical Posting	Mrs Anulekshmi Mrs Reshma Mrs Rakhi Mrs Shinto Ms Lakshmi
	15.05.23-27.05.23	Theory II Sessional exam	All subject
JUNE	29.05.23-24.06.23	Adult Health Nursing Clinical Posting	Mrs Anulekshmi Mrs Reshma Mrs Rakhi Mrs Shinto Ms Lakshmi
	26.06.23-01.07.23	Lab(Applied microbiology abd infection control)	Sr medona External faculty
JULY	03.07.23-22.07.23	Adult health nursing clinical posting	Mrs Anulekshmi Mrs Reshma Mrs Rakhi Mrs Shinto Ms Lakshmi
	24.07.23-05.08.23	Revision\Model exam\Preparatory holidays	All subject
AUGUST	07.08.23-19.08.23	University exam	All subject
	21.08.23-26.08.23	Vacation	

September	28.09.23- 2.09.23	Vacation	
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CALENDAR OF EVENTS FOR FOURTH SEMESTER BSc. NURSING

(IVSEM) 2021-2025 Batch

MONTH	DATE	ACTIVITIES	FACULTY INCHARGE
SEPTEMBER	04.09.23-09.04.23	Orientation of fourth Sem Theory Block	Mrs Anulekshmi Mrs rakhi
	11.09.23-30.09.23	Theory Block	All subject
OCTOBER	02.10.23-07.10.23	Sessional Exam	All subject
	09.10.23-14.10.23	Skill lab	Mrs Anulekshmi Mrs Reshma Mrs Rakhi Mrs Shinto Ms Lakshmi
	16.10.23-30.10.23	Adult Health Nursing Clinical Posting	Mrs Anulekshmi Mrs Reshma Mrs Rakhi Mrs Shinto Ms Lakshmi
NOVEMBER	01.11.23-11.11.23	Adult Health Nursing Clinical Posting	Mrs Anulekshmi Mrs Reshma Mrs Rakhi Mrs Shinto Ms Lakshmi
	13.11.23-25.11.23	Theory II Sessional exam	All subject
DECEMBER	27.11.23-23.12.23	Adult Health Nursing Clinical Posting	Mrs Anulekshmi Mrs Reshma Mrs Rakhi Mrs Shinto Ms Lakshmi
	25.12.23-30.12.23	Christmas Holidays	
JANUARY	02.01.24-27.01.24	Adult Health Nursing Clinical Posting	Mrs Anulekshmi Mrs Reshma Mrs Rakhi Mrs Shinto Ms Lakshmi
FEBRUARY	29.01.24-10.02.24	Revision\Model exam\Preparatory holidays	All subject

	12.02.24- 17.02.24	University exam	All subject
	19.02.24- 02.03.24	Vacation	

CALENDAR OF EVENTS FOR III YEAR BSc. NURSING

2020-2024 BATCH

Date	Events
23/01/23- 18/02/23	THEORY BLOCK
20/02/23- 25/02/23	I SESSIONAL EXAMINATION/THEORY
27/02/23- 04/03/23	PRECLINICAL LAB
06/03/23- 18/03/23	CLINICAL POSTING MSN/ CHN (BBH)
20/03/23- 01/04/23	THEORY BLOCK
03/04/23-05/04/23	EASTER HOLIDAYS &PREPARATORY HOLIDAYS
17/04/23-29/04/23	2 nd year UNIVERSITY EXAMINATION
01/05/23-27/05/23	CLINICAL POSTING MSN/ CHN (DISTRICT/ BBH)
29/05/23-03/06/23	THEORY BLOCK
05/06/23-26/08/23	CLINICAL POSTING MSN/ CHN/ MHN (BBH/ VICTORIA/ DISTRICT
21/08/23-26/08/23	II SESSIONAL EXAMINATION/ CLINICAL POSTING
28/08/23-08/09/23	ONAM VACATION
04/09/23-30/09/23	CLINICAL POSTING MHN PERURKADA
02/10/23-28/10/23	THEORY BLOCK/ PILOT STUDY
30/10/23-04/11/23	III SESSIONAL EXAMINATION/ THEORY
06/11/23-11/11/23	DATA COLLECTION
13/11/23-09/12/23	[CLINICAL POSTING MSN/ CHN
11/12/23-16/12/23	CLINICAL POSTING MSN
18/12/23-23/12/23	THEORY BLOCK
25/12/23-30/12/23	XMAS VACATION
01/01/24-06/01/24	OBSERVATION VISIT
08/01/24-13/01/24	MODEL EXAM/ REVISION
15/01/24-20/01/24	REVISION

CALENDAR OF EVENTS FOR IV YEAR BSc. NURSING

MONTH	DATE	
February	15.02.23-17.02.23	Orientation To All Subjects Theory
February- March	20.02.23-18.03.23	Theory
March	20.03.223- 25..03.23	Nursing Education Practical (Peer Group Teaching)
April	3.04.23-8.04.23	Easter Holidays
April	10.04.23-15.04.23	University exam of the year third
April	17.04.23-22.04.23	Theory
April	24.4.23-29-4-23	I sessional exam
May-july	01.05.23-29.07.23	OBG/CHN Practical
July -August	31.07.23-19.08.23	Theory
August	21.08.23-26.08.23	II Sessional Exam
August- September	28.08.23-02.09.23	Onam Holidays
September	04.09.23-9.09.23	Observation Visits
September	11.09.23-16.09.23	Nursing Education Practical
September	18.09.23-30.10.23	OBG/CHN Posting
October- November	2.10.23-11.11.23	ADM/OBG Posting
November	13.11.23-9.12.23	OBG Practical
December	11.12.23-16.12.23	Nursing Education Practical
December	18.12.23-23.12.23	III Sessional Exam
December	25.12.23-30.12.23	Christmas And New Year Holidays
January	01.01.24-13.01.24	Theory
January	15.01.24-27.01.24	Revision/ Model Examination
January- February	29.01.24-03.02.24	Preparatory Holidays
February	05.02.24-10.02.24	University Exam

CALENDAR OF EVENTS FOR I YEAR M.Sc. NURSING

ACADEMIC CALLENDER FOR I MSC NURSING			
Date	Area	Event	Assigned faculty and date of submission
30.11.22- 04.02.23	THEORY/I SESSIONAL		
06.02.23- 04.03.23	BBH	Paediatric, neonatology, AN/PN,LR/PRECLINIC Health Assessment of an Antenatal and post natalmother,Newborn-1,	Mrs.Sheeja S Mrs.Amala
20.02.23- 25.02.23 & 27.02.23- 04.03.23 27.03.23- 01.04.23 03.04.23- 08.04.23 10.04.23- 15.04.23	PALLITHOTTAM	<p>SURVEY/home visit</p> <ul style="list-style-type: none"> • Identification of community leaders and resource persons • Identification of a selected community (Health Survey, identification of resources and health needs of the community) • Plan and implement need based health programs for the family and community • Health Counselling for individuals and families • Organize special clinics • Organize health project/exhibition • Estimation of vital health statistics – exercis • Conduct vector survey 	Mrs.Sheeja S Mrs.Amala

		<p>Health Assessment of Infant-1, Preschool child-1 and School child-1</p> <p>Family care study-1</p>	
17.04.23- 29.04.23	THEORY/II SESSIONAL		
01.05.23- 13.05.23		OMAYALACHI POSTING	
15.05.23- 20.05.23		GANDHIGRAM POSTING	
22.05.23- 03.06.23		<p>VICTORIA POSTING</p> <ul style="list-style-type: none"> • Assist women in breast self-examination • Conduct antenatal examination • Conduct vaginal examination • Conduct deliveries • Postnatal visits • Perform Episiotomy and suturing • Prepare Pap smear 	

		<ul style="list-style-type: none"> • Conduct insertion/removal of IUCD • Assist laparoscopic sterilization, vasectomy 	
05.06.23-17.06.23		<p>THRIKKADAVOOR,CHC,PHC,Inf ectious disease unit</p> <p>Clinical teaching-1</p> <p>Planned health education-1</p> <p>Family care study-2</p>	
19.06.23-01.07.23&		<p>Sakthikulangara PHC</p> <ul style="list-style-type: none"> • Malarial slide preparation • Health assessment – adults, elderly, antenatal & postnatal women, children • Nutritional assessment,dietary planning, demonstration and education for various age groups <p>Clinical teaching-2</p> <p>Planned health education-2</p> <p>Family care study-3</p>	
03.07.23-08.07.23	THEORY BLOCK		
28.08.23-02.09.23	THEORY/III SESSIONAL		

04.09.23- 09.09.23		<p>Sakthikulangara PHC</p> <ul style="list-style-type: none"> Filling up of records, reports and registers maintained at sub centre/PHC/CHC <p>Planned health education-3</p> <p>Family care study-4</p>	
11.09.23- 16.09.23		<p>QSSS</p> <p>Planned health education-4</p>	
25.09.23- 30.09.23	MODEL EXAM		
13.11.23- 18.11.23		<p>OB VISIT/ PALLITHOTTAM</p> <p>Observation visits/field visits to ART centre, RNTCP unit</p>	
20.11..23- 25.11.23	PALLITHOTTAM	<p>(FINAL SUBMISSION OF ALL REQUIREMENTS FOR HOD SIGN)</p> <p>LOG BOOK COMPLETON</p>	

CALENDAR OF EVENTS FOR II YEAR M.Sc. NURSING

DATE	WEEK	EVENTS
30.01.23- 04.02.23	1	Orientation and theory block- Introduction about course and its plan, preparation of master plans, research practical
06.02.23- 11.02.23	2	I year Msc (N) University practical examination
13.02.23- 18.03.23	3-7	Theory block -completing theory class , seminars ,and conducting tool presentation.
20.03.23- 25.03..23	8	Pilot study.
27..03.23- 08.04.23	9-10	Theory block - completing theory classes, seminars, pilot study presentation and assignments. conducting I sessional Exam and PTA
10.04.23- 29.04.23	11-13	Data collection and analysis presentation Submitting chapter 1,2,3.
01.05..23- 29.07..23	14-26	Clinical specialty posting - preparing care plan, care study, care analysis, clinical profiles and presenting the clinical presentation. Conducting workshop and Submitting chapter 4&5, Completing requirements.
31.07.23- 05.08.23	27	Theory block -completing theory class , seminar ,and conducting II sessional Exam and PTA
07.08.23- 14.10.23	28-37	Clinical specialty posting - preparing care plan, care study, care analysis, clinical profiles and presenting the clinical presentation and Submitting chapter 6 . Finalizing dissertation send to university. Completing requirements
16.10.23- 21.10.23	38	Theory block- completing theory class , assignments ,seminar , conducting III sessional Exam and PTA
23.10.23- 18.11.23	39-42	Clinical management posting- preparing care analysis , case presentation, case study, ward round, maintaining nurses record and completing requirements.

20.11.23- 13.01.24	43-50	Clinical specialty posting - preparing care plan, care study.
15.01.24- 20.01.24	51	Preparatory holiday .
22.01.24- 27.01.24	52	University exams- theory

"Tell me and I forget. Teach me and I remember. Involve me and I learn."

-Benjamin Franklin 

College prayer

*Dear Lord, I need your help today/ enlighten my mind and heart to know you
and love you/whatever has cause it is today that matters most/ help me to
stand / for justice and truth/ and share the sorrows of needy/ bless me to
deserve good from evil/all for your honour/ and glory/ O lord/our God/ Amen.*

College anthem

“With Love That Cares, We Vow to Serve,
With Love That Heals, We Vow to Serve
For In Love Lies Life’s fulfillment
For In Service Just Love Prove Itself

Lord You are whole You Want us All To Be Whole
Grant Us the Grace through Our Loving Care
To Make all the sick In Your Wholeness to Stay

Lord You give Us
Life In your Loving Bountifulness
We now Resolve to Care for the Sick
As You care with Your Life Giving Love”